

Traditional Medicinals Organic Nighty Night Relaxation Tea (Pack of 1), Promotes a Good Night's Sleep, 16 Tea Bags Review-2021



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Helps you relax and get a good night's sleep.

Non-GMO Verified. All Ingredients Certified Organic. Kosher. Caffeine Free.

Consistently high-quality herbs from ethical trading partnerships.

Taste: Minty and sweet with notes of citrus and spice

Contains one box containing 16 sealed tea bags.

Plant Powered Benefits

Known as a nervine in herbalism, or an herb that supports the nervous system, passionflower soothes the nerves, promotes relaxation and rest, and helps ease anxious minds to get some well-needed sleep.*

Sustainably Sourced

Some of our favorite passionflower is grown in a village in Italy by farmers who provide us with medicinal-grade blossoms from this stunning perennial vine.

Great Taste

Minty and sweet with notes of citrus and spice.

Traditional Medicinals Organic Nighty Night Relaxation Tea

Traditional Medicinals Organic Nighty Night Extra Relaxation Tea

Traditional Medicinals Organic Lemon Balm Herbal Tea

Traditional Medicinals Organic Chamomile with Lavender Herbal Tea

Traditional Medicinals Cup of Calm Relaxation Tea

Traditional Medicinals Organic Stress Ease Cinnamon Relaxation Tea

Benefits

Promotes a good night's sleep.*

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Calms the nervous system and supports digestion.*

Settles your nervous system when stressed.*

Calming and relaxing.*

Relieves tension and promotes relaxation.*

Taste

Minty and sweet with notes of citrus and spice.

Earthy, minty and satisfyingly herbal.*

Pleasantly mild, with subtle citrus notes.

Delightfully floral with distinct lavender notes.

Softly floral with hints of lavender and mint.

Warming notes of cinnamon with a hint of sweetness.

Brewing Instructions

POUR 8 oz. freshly boiled water over 1 tea bag. COVER & STEEP for 10-15 min. SQUEEZE tea bag to ensure maximum goodness.

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POUR 8 oz. freshly boiled water over 1 tea bag. COVER & STEEP for 5-10 min. SQUEEZE tea bag to ensure maximum goodness.

POUR 8 oz. freshly boiled water over 1 tea bag. COVER & STEEP for 10 min. SQUEEZE tea bag to ensure maximum goodness.

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Recommended Daily Dosage

ENJOY 2-3 cups late in the day, at least 1 cup 30 minutes before bed. For Adults Only.

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ENJOY 3 cups per day.

ENJOY 3-4 cups per day.



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Ingredients

Organic passionflower herb, organic chamomile flower, organic linden flower, organic catnip herb, organic hop strobile, organic spearmint leaf, organic lemon verbena leaf, organic lemon peel, organic West Indian lemongrass leaf

Organic valerian root, organic passionflower herb, organic lemon balm leaf, organic peppermint leaf, organic caraway fruit, organic licorice root

Organic lemon balm leaf

Organic chamomile flower, organic lemon balm leaf, organic lavender flower

Organic passionflower herb, organic chamomile flower, organic lavender flower, organic catnip herb, organic rosemary leaf, organic peppermint leaf, organic spearmint leaf, organic licorice root, organic stevia leaf

Organic skullcap herb, organic cinnamon bark, organic licorice root

Caffeine Content

Caffeine Free

Caffeine Free

Caffeine Free

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* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Review 2021, feedback 2021, promo code, discount code 2021, buy, picture, description, sale, price comparison, cheap, cheapest, value for money.